



SONI INTERNATIONAL SCHOOL
REPORT ON MENTAL HEALTH WORKSHOP
DATE: - 01/07/2026
VENUE: - SONI INTERNATIONAL SCHOOL

Soni International School organised a **Mental Health Awareness Workshop** for students and teachers with the aim of creating awareness about the importance of emotional well-being and maintaining a healthy state of mind. The workshop focused on helping students understand their emotions, deal with stress, develop positive habits, and seek support whenever required.

The session was conducted in an interactive and engaging manner. The resource person discussed various aspects of mental health and encouraged students to openly communicate about their feelings and concerns. Through real-life examples, discussions, and activities, the participants learned that mental health is an important part of overall health and should be given the same importance as physical health.

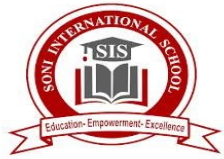
Key Points Covered

- **Understanding Mental Health:** Students were introduced to the meaning and importance of mental health and emotional well-being.
- **Recognising Emotions:** The workshop highlighted the importance of identifying and expressing emotions in a healthy and appropriate manner.
- **Managing Stress:** Students learned simple techniques to manage academic pressure, stress, and anxiety.
- **Importance of Communication:** Participants were encouraged to share their concerns with parents, teachers, counsellors, or other trusted adults.
- **Positive Thinking:** The session emphasised developing a positive outlook and focusing on solutions rather than constantly worrying about problems.
- **Healthy Lifestyle:** The importance of adequate sleep, nutritious food, physical activity, relaxation, and maintaining a balanced routine was discussed.
- **Social and Emotional Support:** Students learned that asking for help is a sign of awareness and strength, and that nobody should feel alone while facing difficulties.
- **Responsible Use of Technology:** The workshop also highlighted the need to maintain a healthy balance between screen time, social media, studies, recreation, and face-to-face interaction.
- **Building Empathy:** Students were encouraged to listen to others without judgement and show kindness and understanding towards friends and classmates

Conclusion

The Principal said, *“Mental health is an essential part of a child’s overall development. Every student should feel valued, heard, and supported. Through awareness, empathy, and open communication, we can create a school environment where every child can grow with confidence and positivity.”*

Principal
Soni international school



SONI INTERNATIONAL SCHOOL
REPORT ON PICNIC TO GRAND MACHAL RESORT
DATE: - 24/12/2025
VENUE: - GRAND MACHAL RESORT

Soni International School organised an exciting and memorable picnic to **Grand Machal Resort** for the students of Classes VI to XII. The outing was planned to provide students with an opportunity to take a break from their regular academic routine and enjoy a day filled with adventure, recreation, friendship, and learning outside the classroom. The students arrived at the resort with great enthusiasm and excitement. Surrounded by greenery and a pleasant natural environment, the resort provided an ideal setting for students to relax and enjoy themselves. The day began with various fun-filled and adventurous activities that encouraged students to participate actively and interact with their friends.

Highlights of the Picnic

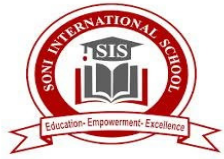
- **Adventure Activities:** Students participated enthusiastically in a variety of adventure activities designed to test their confidence, coordination, and team spirit.
- **Fun and Recreation:** Students spent quality time with their classmates, sharing laughter, conversations, and memorable moments.
- **Food and Refreshments:** The students enjoyed meals and refreshments together, adding to the cheerful atmosphere of the picnic.
- **Nature Experience:** The natural surroundings of the resort gave students an opportunity to appreciate the beauty of the outdoors and take a refreshing break from screens and classrooms.
- **Adventure Rides:** The students enjoyed exciting rides and activities that added an element of thrill and adventure to the outing.
- **Memorable Moments:** Students and teachers captured photographs and created memories that they will cherish for a long time

The picnic was not merely a recreational activity; it also provided valuable opportunities for students to develop important life skills. Adventure activities helped them step out of their comfort zones and encouraged qualities such as courage, confidence, decision-making, and perseverance. Team-based activities promoted cooperation, leadership, communication, and mutual respect

The picnic to Grand Machal Resort was a joyful and enriching experience for the students of Classes VI to XII. Their enthusiasm, active participation, and cheerful spirit made the outing a great success. The students returned to school with happy memories, renewed energy, and a stronger sense of camaraderie.

The day served as a wonderful reminder that **education, adventure, friendship, and fun can come together to create meaningful learning experiences beyond the classroom.**

Principal
Soni international school



SONI INTERNATIONAL SCHOOL
REPORT ON PUPPET SHOW
DATE: - 17/01/2026
VENUE: - ARGHYA STUDIO

Soni International School organised an engaging and entertaining **Puppet Show** for the students of Classes I to V. The programme was planned with the objective of providing young learners with an enjoyable educational experience while developing their imagination, creativity, listening skills, and understanding of important values. The students were taken to the venue with great excitement and enthusiasm. The colourful puppets, lively characters, music, and storytelling immediately captured their attention. The show presented an interesting story in a simple and age-appropriate manner, making it easy for the children to understand and enjoy.

Highlights and Activities

- **Story-Based Learning:** The puppet show presented an interesting and meaningful story that conveyed important lessons in an entertaining manner.
- **Colourful Puppets and Characters:** Attractive puppets and lively characters kept the young audience engaged throughout the performance.
- **Interactive Session:** Students were encouraged to respond to questions, identify characters, and participate during different parts of the show.
- **Songs and Music:** Catchy songs, music, and sound effects made the presentation lively and enjoyable.
- **Moral Values:** The story highlighted values such as kindness, honesty, friendship, cooperation, respect, and helping others.
- **Fun and Laughter:** Humorous situations and entertaining characters created a cheerful atmosphere and brought smiles and laughter to the young learners.
- **Creative Expression:** The performance introduced students to puppetry as a creative art form and encouraged them to appreciate storytelling and performing arts.

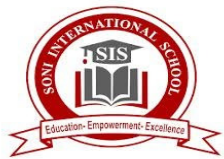
Importance of the Puppet Show

Puppet shows are an effective medium of learning, particularly for young children. They combine storytelling, visual presentation, music, and interaction, making concepts easier to understand and remember. Such activities stimulate children's imagination and curiosity while improving their concentration and communication skills.

Conclusion

The puppet show was a delightful and enriching experience for the students of Classes I to V. The children's enthusiastic participation, cheerful responses, and excitement throughout the programme made the event a memorable one. The activity successfully combined **fun, creativity, imagination, and value-based learning**. The programme concluded with students sharing their favourite characters and moments from the show.

Principal



SONI INTERNATIONAL SCHOOL
REPORT ON INTER SCHOOL SPORTS COMPETITION
DATE: - 20/10/2025
VENUE: - CHAMELI DEVI SCHOOL

Soni international school

Soni International School participated enthusiastically in an **Inter-School Sports Competition** organised at **Chameli Devi School**. The event brought together student teams from different schools, providing young athletes with an excellent platform to showcase their sporting skills, competitive spirit, discipline, and teamwork's International School participated in **Kabaddi and Cricket**, with students demonstrating tremendous enthusiasm and commitment throughout the competition. The teams prepared with dedication and participated with a positive attitude, representing the school with confidence and sportsmanship.

Highlights of the Competition

- **Participation in Kabaddi and Cricket:** Teams from Soni International School competed in both Kabaddi and Cricket, displaying their skills and determination.
- **Close and Exciting Matches:** The matches were highly competitive, with both sides putting up a strong fight. The close contests kept the players and spectators engaged until the final moments.
- **Strong Teamwork:** Players supported and encouraged one another throughout the games, demonstrating excellent coordination and unity.
- **Impressive Performance:** The Soni International School teams displayed good game awareness, discipline, fitness, and determination on the field.
- **Thrilling Moments:** Several moments during the matches made the competition particularly interesting, as the scores remained close and the outcome was difficult to predict.
- **Sportsmanship:** The players-maintained discipline and respect towards their opponents, officials, coaches, and fellow teammates.
- **Healthy Competition:** The event provided students with an opportunity to compete in a positive environment while respecting opponents and following the spirit of the game.

Conclusion

The Inter-School Sports Competition at Chameli Devi School was a memorable and enriching experience for the students of Soni International School. Their participation in Kabaddi and Cricket reflected their hard work, enthusiasm, and dedication towards sports. The close and exciting matches provided valuable competitive experience and encouraged the students to perform with confidence. The appreciation received by the Soni International School teams further motivated the young players to continue improving their skills and representing their school with pride. The event highlighted that **team spirit and coordination are the foundations of sporting success**. By working together, communicating effectively, supporting one another, and staying united during challenging moments.



SONI INTERNATIONAL SCHOOL
REPORT ON INTER SCHOOL DEBATE COMPETITION
DATE: - 08/09/2026
VENUE: - ST. PAUL HIGHER SECONDARY SCHOOL

Soni International School participated enthusiastically in a **Hindi Debate Competition** held on **08 September 2026 at St. Paul Higher Secondary School**. The competition provided students with a valuable platform to express their views in Hindi, develop confidence, and enhance their public speaking and communication skills. The event brought together students from different schools, creating an atmosphere of healthy competition and intellectual exchange. The participants from Soni International School prepared diligently for the competition and presented their arguments with confidence, clarity, and enthusiasm. They demonstrated their ability to think critically, organise their thoughts, and communicate their ideas effectively before an audience.

Highlights of the Competition

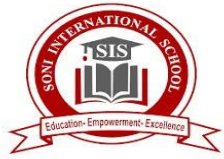
- **Confident Public Speaking:** Students gained valuable experience in speaking before an audience and expressing their ideas with confidence.
- **Hindi Language Development:** The competition encouraged students to use Hindi effectively and strengthened their vocabulary, pronunciation, and fluency.
- **Critical Thinking:** Participants learned to analyse a topic from different perspectives and develop logical arguments.
- **Research and Preparation:** Students were encouraged to gather information, understand the topic thoroughly, and prepare well-supported points before presenting their views.
- **Argument and Counter-Argument:** The debate helped students understand how to present their opinions while responding thoughtfully to opposing viewpoints.
- **Listening Skills:** Students learned the importance of listening carefully to other speakers before presenting their own responses.
- **Respect for Different Opinions:** The competition reinforced the value of respecting diverse perspectives, even when opinions differ.

Learning Outcomes

The Hindi Debate Competition was more than an academic activity; it was an opportunity for students to develop important life skills. Public speaking helps students communicate effectively in academic, professional, and social situations. Debate activities also encourage them to think independently, question ideas, distinguish between different viewpoints, and form opinions based on reasoning and evidence.

Conclusion

The participation of Soni International School students in the Hindi Debate Competition at St. Paul Higher Secondary School was a meaningful and enriching experience. The students displayed enthusiasm, confidence, preparation, and respect throughout the **event**. **The competition provided them with an excellent opportunity to strengthen their Hindi language.**



SONI INTERNATIONAL SCHOOL
REPORT ON REPUBLIC DAY CELEBRATION
DATE: - 26/01/2026
VENUE: - SONI INTERNATIONAL SCHOOL

Soni International School celebrated the **77th Republic Day of India** on 26 January 2026 with great enthusiasm, patriotic fervour, and a deep sense of pride. The celebration commemorated the day on which the Constitution of India came into effect and provided an opportunity for students to understand the significance of democracy, freedom, equality, justice, and responsible citizenship.

The school campus was beautifully decorated in the colours of the Indian tricolour, creating a vibrant and patriotic atmosphere. Students, teachers, and staff gathered together for the special celebration. The programme commenced with the **flag-hoisting ceremony**, followed by the singing of the National Anthem. The sight of the National Flag flying proudly filled everyone with a strong sense of patriotism and respect for the nation.

Highlights of the Celebration

- **Flag Hoisting:** The National Flag was unfurled with due honour and respect, followed by the National Anthem.
- **Patriotic Performances:** Students presented patriotic songs, dances, and cultural performances that beautifully expressed their love for the nation.
- **Inspirational Speeches:** Students and teachers delivered speeches highlighting the importance of Republic Day and the responsibilities of citizens.
- **Cultural Presentations:** Students showcased India's rich cultural heritage through colourful performances representing the country's diversity.
- **Patriotic Songs:** Melodious patriotic songs created an atmosphere of unity, pride, and national spirit among the gathering.
- **Importance of the Constitution:** Students were made aware of the significance of the Constitution and the fundamental values it upholds.
- **Tribute to National Heroes:** The programme paid tribute to the freedom fighters, national leaders, and countless individuals whose contributions helped shape the nation.
- **Message of Unity:** The celebration highlighted the importance of unity in diversity and encouraged students to respect different cultures, languages, traditions, and beliefs.
- **Responsible Citizenship:** Students were encouraged to understand that enjoying the rights provided by democracy also comes with the responsibility of contributing positively to society.

Conclusion

The Republic Day celebration at Soni International School was a memorable and inspiring occasion. The programme successfully combined **patriotism, cultural expression, education, and entertainment**, leaving the students with a renewed sense of pride in their country.

Principal
Soni International school



SONI INTERNATIONAL SCHOOL
REPORT ON INDEPENDENCE DAY CELEBRATION
DATE: - 15/08/2026
VENUE: - SONI INTERNATIONAL SCHOOL

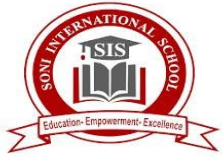
Soni International School celebrated **Independence Day** with great enthusiasm, patriotic spirit, and a deep sense of pride. The celebration was organised to commemorate India's independence and to remind students of the sacrifices made by our freedom fighters. The occasion also provided an opportunity to recognise and appreciate the academic achievements of students who performed exceptionally well in the previous academic session. The school campus was beautifully decorated in the colours of the Indian tricolour, creating a vibrant and patriotic atmosphere. Students, teachers, parents, and staff members gathered together to mark the special occasion. The programme began with the **flag-hoisting ceremony**, followed by the singing of the National Anthem. The atmosphere was filled with patriotism as everyone stood together with respect for the National Flag.

Highlights of the Celebration

- **Flag Hoisting Ceremony:** The National Flag was unfurled with due respect, followed by the National Anthem.
- **Patriotic Performances:** Students presented patriotic songs, dances, speeches, and cultural performances celebrating the spirit of freedom.
- **Tribute to Freedom Fighters:** The programme remembered the sacrifices and contributions of the freedom fighters who played a significant role in India's independence.
- **Message of Patriotism:** Students were encouraged to understand the meaning of freedom and their responsibilities as future citizens of the country.
- **Academic Felicitation:** Students who achieved excellent academic results in the previous session were felicitated for their hard work, dedication, and perseverance.
- **Recognition of Parents:** The parents of the academic achievers were also honoured and appreciated for their constant encouragement, support, and guidance.
- **Certificates and Awards:** Meritorious students were presented with certificates and tokens of appreciation in recognition of their academic performance.
- **Encouragement for Students:** The felicitation ceremony motivated other students to set academic goals, work consistently, and strive for excellence.
- **Cultural Unity:** The performances reflected India's diversity and conveyed the message of unity, harmony, and respect.
- **Active Participation:** Students, teachers, and parents participated enthusiastically, making the celebration a memorable occasion.

Conclusion

The Independence Day celebration at Soni International School was a memorable blend of **patriotism, cultural expression, academic recognition, and community participation**. The enthusiastic performances of the students and the felicitation of academic achievers made the occasion meaningful and inspiring. The presence of parents added warmth and significance to the programme. The event concluded with a message encouraging students to value their freedom, respect the nation, work hard towards their goals, and become responsible citizens.



SONI INTERNATIONAL SCHOOL
REPORT ON TEACHER'S DAY CELEBRATION
DATE: - 05/09/2026
VENUE: - SONI INTERNATIONAL SCHOOL

Soni International School celebrated **Teachers' Day on 5 September 2026** with great enthusiasm, warmth, and gratitude. The celebration was organised to honour the dedication, guidance, and valuable contribution of teachers in shaping the lives of students. The day provided students with a wonderful opportunity to express their love, respect, and appreciation for their teachers.

The celebration began with students taking the initiative to decorate the school premises. They enthusiastically arranged the classrooms and activity areas with colourful decorations, balloons, posters, and thoughtful messages dedicated to their teachers. The students also took responsibility for arranging various aspects of the programme, demonstrating their creativity, teamwork, planning, and organisational skills.

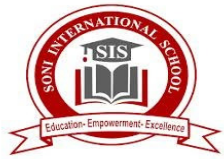
Highlights of the Celebration

- **Student-Led Preparations:** Students took responsibility for decorating the school and arranging the programme, demonstrating initiative and teamwork.
- **Creative Decorations:** Classrooms and activity spaces were decorated with colourful balloons, charts, handmade cards, posters, and Teachers' Day messages.
- **Special Welcome:** Teachers were warmly welcomed by students as a gesture of love and gratitude.
- **Friendly Competition:** Teachers participated enthusiastically in the games and enjoyed the healthy competitive spirit.
- **Prizes and Recognition:** Winners of the various games were presented with prizes as a token of appreciation and encouragement.
- **Gifts for Teachers:** Students presented thoughtful gifts as a token of their respect and affection.
- **Blessings from Teachers:** Teachers blessed their students and shared encouraging words, motivating them to continue working hard and becoming responsible and kind individuals.
- **Strengthening Relationships:** The celebration provided an opportunity for students and teachers to interact in a relaxed environment and strengthen their bond.

The celebration also highlighted the special relationship between teachers and students. Teachers play an important role not only in imparting knowledge but also in guiding students, encouraging their talents, supporting them during challenges, and helping them develop good values and character. The heartfelt efforts made by students demonstrated their gratitude for this continuous guidance and support.

Conclusion

The Teachers' Day celebration at Soni International School was a **joyful, heartfelt, and memorable occasion**. The active involvement of students in decorating, planning, and conducting the programme made the celebration particularly special. The games, prizes, gifts, and expressions of gratitude created an atmosphere of happiness and appreciation.



SONI INTERNATIONAL SCHOOL
REPORT ON GREEN DAY CELEBRATION
DATE: - 10/07/2026
VENUE: - SONI INTERNATIONAL SCHOOL

Soni International School celebrated **Green Day** with great enthusiasm to create awareness among students about the importance of nature, greenery, and environmental protection. The celebration was designed to make young learners understand that caring for the environment is not only a responsibility but also an essential part of building a healthy and sustainable future. The school campus was beautifully decorated with green-themed displays, plants, charts, and creative artwork. Students and teachers participated actively and added a vibrant touch to the celebration by wearing green-coloured outfits. The entire school reflected the spirit of nature and environmental awareness.

Key Highlights

- **Green-Themed Dress Code:** Students and teachers participated enthusiastically by wearing different shades of green.
- **Plant and Nature Awareness:** Students learnt about the importance of trees, plants, and greenery in maintaining ecological balance.
- **Creative Activities:** Drawing, colouring, craft work, poster-making, and nature-themed artwork were organised for students.
- **Green Displays:** Students prepared attractive charts and displays conveying messages about environmental conservation.
- **Plantation and Gardening:** Students were encouraged to plant and care for saplings as a practical way of developing responsibility towards nature.
- **Environmental Awareness:** The programme highlighted the importance of reducing waste, saving water, protecting trees, and keeping surroundings clean.
- **Eco-Friendly Habits:** Students were encouraged to avoid unnecessary plastic use and adopt environmentally responsible habits in their daily lives.
- **Student Participation:** The enthusiastic involvement of students made the celebration lively, meaningful, and educational.

Address by the Principal

Addressing the students, the **Principal of Soni International School** appreciated their enthusiastic participation and creative efforts. The Principal said, *“Green Day reminds us that nature is our greatest treasure. Every tree we protect, every drop of water we save, and every piece of waste we responsibly manage contributes to a healthier planet. Let us develop the habit of caring for our surroundings and inspire others to do the same.”*

Conclusion

The Green Day celebration was a meaningful blend of **education, creativity, awareness, and enjoyment**. It successfully helped students understand the value of nature and encouraged them to adopt environmentally friendly habits.